
Patient Name

Instillation Date

Doctor

Office Phone #

Contact

PATIENT GUIDE

RETURN THIS FORM TO YOUR DOCTOR'S OFFICE NURSE
AT YOUR NEXT VISIT

TREATMENT FOLLOWING YOUR BLADDER SURGERY

Superficial bladder cancer is generally treated in two phases:

- With surgery to remove the visible tumors
- With medicine to destroy any remaining cancer cells and prevent recurrence of the disease

During the second phase of your treatment program, medication will be instilled directly into your bladder by means doctor has decided to treat you with _____ (medication).

PREPARING FOR YOUR INSTILLATION THERAPY

For maximum effect, the solution must be at full strength (undiluted by urine), and must remain in direct, prolonged contact with all bladder surfaces. By following these directions, you can help the medication do its job:

- Prior to each treatment, limit your fluid intake for 8 to 12 hours, and do not drink any fluids at all for at least 4 hours before the treatment.
- Empty your bladder just before the instillation.
- Retain the medication in your bladder for at least 2 hours.

If you are able to retain the medication for the full 2 hours before urinating, you may return home and either rest or resume normal activity, as directed by your doctor.

AFTER YOUR INSTILLATION THERAPY

AVOID SKIN IRRITATION

If the solution comes into contact with your skin when you urinate, it may cause irritation and rash. By following these measures, you can minimize your chances of having these problems.

For 6 hours after each treatment, follow this procedure every time you urinate:

- Avoid any splashing and spraying by sitting on the toilet when you empty your bladder.
- Empty your bladder completely.
- Wash your hands and genital area thoroughly after emptying your bladder.

NEUTRALIZING THE MEDICATION

After you urinate, neutralize the solution before you flush:

Pour 2 cups of household liquid bleach into the toilet. Let the mixture of medication and bleach remain in the toilet for 15 to 20 minutes. Then flush.

FLUID INTAKE

After each instillation, flush out your bladder by drinking plenty of fluids. If your first urination after a treatment causes a burning sensation, increase your fluid intake even more.

WHEN TO CALL YOUR DOCTOR

The medication you receive may cause side effects. While most unwanted reactions are minor, patient occasionally have side effects that are severe enough to constitute a medical emergency. Please carefully document the occurrence of the following symptoms by checking the appropriate boxes. It is important that you **call your doctor immediately** if you experience any of these symptoms:

- **Urinary problems**
 - Continued pain or burning
 - Urgency
 - Frequency
 - Bright red blood or blood clots in the urine
- **Flu-like symptoms**
 - Feelings of illness or discomfort
 - Fever
 - Chills
 - Joint pain
- Increased fatigue**
- Frequent or persistent coughing**
- Skin rash** (despite precautions described above)