

INSTRUCTION TO PATIENTS UPON DISCHARGE WHO HAVE UNDERGONE IMPLANTATION OF THE INFLATABLE PENILE PROSTHESIS

The following instructions are given to the patients upon discharge until they return to the office.

#1. No effort is made to inflate or deflate the prosthesis for 2 weeks.

#2. Showers only.

#3. Continue oral Cephalosporin! The dose is 500 mg q.i.d x 5 days.

#4. Pain pills every 4 – 6 hours as needed.

#5. No sexual activity of any sort until the first office visit.

#6. Avoid tight scrotal binds or jock straps. If scrotal support makes the patient more uncomfortable, use jockey shorts.

#7. No strenuous activities such as riding a bike, weight lifting or any exertion until otherwise instructed.

#8. Patient may return to sedentary type occupations in 7 to 10 days after surgery. For occupations involving strenuous lifting or muscular exertion, wait at least 2 weeks.

#9. Ice pack to scrotum and penis x 24-48 hours.